

Israeli

Y'varecha'cha

Dance: G. Kadmon. Formation: Hasidic circle dance, no partners, facing CCW.

- A
- 1-4 Walk four steps in LOD, starting R.
 - 5-6 Step R in toward the center, raising arms up, and close L.
 - 7-8 Step R back, lowering arms, and close L.

 - 9-32 Repeat three more times.
- B
- 1 Step sideways on R to the R.
 - 2 Cross and step on L in back of R.
 - 3 Step sideways on R to the R.
 - 4 Raise L leg sideways, leaning body to the R.
 - 5-8 Repeat 1-4 to the L, with opposite feet.

 - 8-16 One-and-a-half Cherkessiya
(i.e., cross and step on R in front of L, step on L in back of R, step sideways on R to R, Cross and step on L in front of R, step on R in place, step sideways on L to L.)

 - 17 Step sideways to R on R.
 - 18-20 Raise L leg across in front of R, hopping three times.
 - 21-24 Repeat 17-20, but with opposite footwork.
 - 25-26 Two light running steps forward, toward center.
 - 27-28 Hop on L foot twice with R leg raised.
 - 29-32 Four steps backward, away from center.

 - 1-32 Repeat B.

Y'varechacha *(May You be Blessed)*

Y'varech'cha HaShem mi Tzion
Ur'eh b'tuv Y'rushalayim

*The Lord bless you from out of Zion.
And may you see the good of Jerusalem.*

Y'varech'cha HaShem mi Tzion
Kol yemei chayecha

*The Lord bless you from out of Zion
All the days of your life.*

Ur'eh vanim l'vanecha
Shalom al Yisra'el

*And see your children's children.
Peace be upon Israel.*

Ur'eh vanim l'vanecha
Shalom al Yisra'el.

*And see your children's children.
Peace be upon Israel.*