

Israeli

Lech, Lech Lamidbar

Dance formation: Circle dance, no partners, hands joined, facing center.

- A 1 Leap lightly to R on R.
 2 Cross L over R in front and take weight.
 3 Step on R beside L foot.
 4 Touch L to R.
 5-8 Two step-closes to the L (that is, L, close R, L, touch R to L)

 9-32 Repeat A:1-8 three more times.
- B 1-2 Jump on both feet, land on R, kicking L foot fwd.
 3-4 Jump on both feet, land on L, kicking R foot fwd.
 5-8 Grapevine to the L, starting R over L.
 9-32 Repeat B:1-8 three more times.
- C 1-4 Balance R and L.
 5 Step fwd on R foot, raising hands.
 6-8 Step bwd on L, lowering hands, then step R, step L in place.
 9-16 Repeat C:1-8.
- D 1-8 All move to the L with a 7-step grapevine (hold on last R)
 9-16 All move to the R with a 7-step grapevine (hold on last L)
 17-31 Repeat D:1-16.

Lech, Lech Lamidbar

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Hadrachim yovilu
Layil terem ba
Lech achi el hamidbar

Shuv, shuv nachazor
Hatzukim yarinu
Shemesh gdolah shel or
Od tizrach aleinu

Lamidbar, eretz lo mayim
Ho at admati - shavnu elayich

Eretz melechah ru'ach veza'am
Halochamim chazru, ho keza'ar

Lamidbar, eretz lo mayim
Ho at admati shavnu elayich

*To, to the desert;
the roads will lead you.
Before the night descends,
go, my brother, to the desert.*

*Again, again we will return,
the rocks will echo our coming.
A bright shining sun
will spread its light on us.*

*The desert - land without water.
O my native land, we have returned to you.*

*Salt-filled earth, wind and wrath -
the warriors returned, like a storm.*

*To the desert - land without water.
O my native land, we have returned to you.*