

GEESTLAENDER QUADRILLE

Quadrille from Geestland, created by the Geestlaender Tanzkreis (dance circle)

FORMATION	Four couples in a square
STEPS	Walking, gallop, skips, hops, hop waltz, waltz
Introduction	8 measures of slow music, greet partner, corner, partner. Stand with inside hands joined shoulder high. Free hands on hip.
Measures 1-16	Salutation – Head couples advance and retire, two slow steps forward and greet the opposite and two slow steps backward and greet your own partner. Side couples do the same.
Music Changes	
Circle and Star	Women half turn facing out, men facing in. Join hands in circle. M take 2 small steps forward, W take 4 steps backward to form a star formation, arms almost straight. W stand back to back in center (in square formation). Return to place – W 4 steps forward, M 2 steps back. Each dancer makes half turn so that M face out and W face in. Repeat star formation. Return to place facing partner. (M back to center)
Couples Gallop	Join both hands forward and gallop sidestep 4 steps in LOD to next place. Turn CW with four skips. Repeat back to home.
Men Go Visiting	M step behind partners, gallop with four gallop steps in LOD to next W. Place hand on her shoulders and look at each other over W right then left shoulders. Repeat to home.
Couples Chase Across	Head couples stand beside each other inside hands joined, facing in LOD, chase sideways across to opposite places M leading with left shoulder, (passing face to face) with gallop steps, walk as couple CCW into new starting position. Side couples do the same. Head couples return home same way. Side couples return home same way.
Women to Center	Women to center with four small steps. Join hands in circle and hop L, R, L, R, L, R placing free foot forward with each hop. On hop 7, hands go up forming arches.
Men through Arches	M make $\frac{1}{4}$ turn CW and follow #1 M who passes his partner's left side, the opposite W's left side then moves toward his right through the arch and lands in front, and a little to the right, of his partner. All other men follow and place themselves next to their partners facing out. M join right hand under to partner's left and left hand over to corners right. All men turn right.
Women Around Circle	All dancers step back to form large circle. Step on right and swing left foot across. Step on left and swing right foot over left. Women then turn CCW in front on man (transfer from his right to left hand). Repeat the pattern until back home. Honor partner.